



**CONSENT
HAVEN**

WHAT IS RAPE CULTURE?

And How to End it

Welcome!

**Are you excited for an easy short
learning session?**





Definitions

RAPE happens when sexual intercourse is carried out without the consent of the party involved. This applies to all genders and sexes.

RAPE CULTURE is used to describe any culture or community where major social behaviors, beliefs, norms, attitudes, and practices, downplay, normalize, underrate, excuse, or condone sexual violence and abuse. Rape culture is rooted in patriarchy and misogyny, and since Nigeria is largely patriarchal, it is not surprising that it's embedded in our day to day practices.

Behaviors that enable rape culture in Nigeria

There are countless attitudes and beliefs which contribute to Nigeria's Rape epidemic. Here are some,

- Any form of victim hushing , blaming or shaming
- Assuming that rape can be solved by improving the behavior of potential rape victims rather than dealing with the thinking and behaviors of potential rapists
- Objectification and propertization of women
- Toleration and trivialization of Sexual Harassment
- Equating or attaching a person's worth to their sexual experiences
- Assuming that men can't be raped or that only 'weak' men are raped

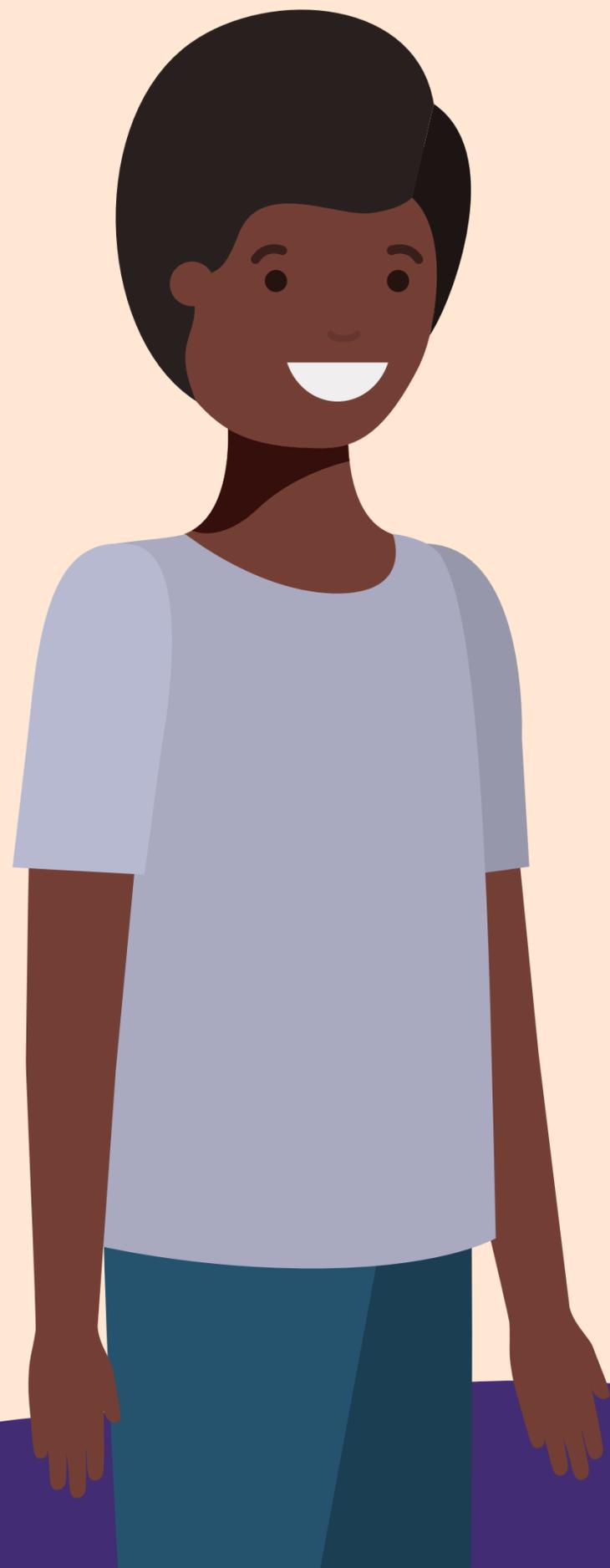


What You can Do To End IT

It can be difficult to face the fact that you may have contributed to Rape culture consciously or unconsciously. However it is never too late to turn the table around and make a difference.

Here are a few things you can do to end Rape Culture.

- **First, you must recognize and admit that it exists.**
- **You must then identify the behaviors that sustain it. E.g Violent/Toxic Masculinity, Purity Culture**
- **Take note of your role in it's sustenance**
- **Re-examine your beliefs and ideas on sex, consent, masculinity, and femininity among others**
- **Speak Up :You must stop being a bystander and actively educate and engage people around you who are perpetrating rape culture**
- **Promote consent education and do your part in cultivating a culture of consent in Nigeria**



Thank You For Attending!

**Let's all do our part in ending sexual violence and abuse
in Nigeria. You can find more resources like this on
www.consenthaven.com**