



# CONSENT CULTURE



## WHAT IT IS

Consent culture describes any culture or community where major social behaviors, beliefs, norms, attitudes, and practices, promote, normalize, and encourage the respect of all peoples' personal and emotional boundaries.

## WHAT IT DOES

Consent culture challenges and upsets rape culture. It forces a society to re-evaluate beliefs on sex, violence, masculinity, and femininity among others.



## WHY NIGERIA NEEDS IT

Sexual assault and violence is all too common in Nigeria. The 2014 national survey on Violence Against Children in Nigeria confirmed that 1 in 4 females and 1 in 10 males experience sexual violence in childhood, with about 70% of the girls reporting more than one incident of sexual violence.

## YOUR ROLE

It can be difficult to admit that you may have contributed consciously or unconsciously to the rape culture in Nigeria. However, it is never too late. There are so many things you can do to make a difference.



## WHAT YOU CAN DO

The first thing you can do to help in promoting and cultivating consent culture in Nigeria, is to educate yourself on consent. You must then apply what you've learned by speaking up and promoting consent education. You can find more resources on this at [www.consenthaven.com](http://www.consenthaven.com)

## CAN IT REPLACE NIGERIA'S RAPE CULTURE?

It is really difficult to unlearn the traditions and cultures which may have been ingrained in one since birth. It can also be difficult to see a future where Nigeria's rape culture is replaced by a culture of consent. However, difficult does not mean impossible. If we work together, you can do it and we can do it!

